



Treating Childhood Behavioral and Emotional Problems: A Step-by-Step, Evidence-Based Approach

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Child clinicians often receive referrals expressing concern that a child is "easily distracted," "moody," or "socially anxious," to name just a few of the most common complaints, yet each of these symptoms can point to a wide range of potential diagnoses. This important book helps the clinician target core symptom dimensions that cut across different emotional and behavioral disorders, providing practical tools and strategies for treating children with multiple, overlapping problems. Leading contributors offer step-by-step guidelines for differential diagnosis, assessment, case formulation, treatment planning, and evidence-based intervention. Each chapter features vivid clinical illustrations, tips on avoiding misdiagnosis, and suggestions for overcoming therapeutic roadblocks.

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