



Prayers to Calm Your Heart: Finding the Path to More Peace and Less Stress

Elizabeth George

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Bestselling author Elizabeth George shares from her own personal experiences, points to specific and helpful Scripture verses, and offers soothing prayers to help readers with anxious hearts. As she encourages her readers to develop a solid trust in the Lord, she also offers practical step-by-step advice for facing such worrisome topics as health, finances, and family matters.

This beautifully designed gift book is part practical, part inspirational, and altogether essential to keep worry and runaway fear in check. It's a welcome gift to give at any time on any occasion.

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