



# Career Theory and Practice: Learning Through Case Studies

*Jane L. (Laurel) Swanson, Nadya Fouad*

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Designed to help readers apply career development theories to their work with career counseling clients, **Career Theory and Practice: Learning Through Case Studies** links major career development and choice theories to a fictional case client. Authors Jane L. Swanson and Nadya A. Fouad use this case study approach throughout the book to provide an integrative thread that illustrates similarities and differences between the featured theories. The **Third Edition** has been updated and substantially expanded to be a primary text for a graduate course in Career Development and Counseling.

“Jane L. Swanson and Nadya A. Fouad do a **masterful job** of bringing **theory to life** through the lived stories of actual career clients. I very much appreciated the book’s format, the examples, the discussion questions, and the richly developed case examples.” —**Mary J. Heppner**, *University of Missouri, Columbia*, commenting on the First Edition

“The **case study method is very effective**. Students can see firsthand how the theories are interpreted and applied. Often they get a better understanding of their own lives and career history.” —**Anne Zachmeyer**, *Rochester Institute of Technology*

“Theory discussion is **complete and usable for students**; the **quality of the text is strong**.” —**Meredith J. Drew**, *Centenary College*

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