



# Retirement: A Memoir and Guide: Second Edition

*Boyd Lemon*

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## **Retirement: A Memoir and Guide: Second Edition** Boyd Lemon

This Second Edition of the author's popular memoir and guide for living a fulfilling retirement adds significant new material on dealing with the challenges of retirement based on the author's experiences, new interviews and research since the first edition was published. It emphasizes the emotional challenges to retirement, including loneliness, feelings of not being useful, loss of loved ones, relating to loved ones, making new friends, finding a passion, travel and other ways to make retirement the best time of your life.

Boyd Lemon shows you how he secured the best time of his life in Retirement and how you can do it too. Learn how to take life more slowly, notice and revel in the beauty of the world around you, most important, how to find and pursue your passion and live fully. Married or single, discover how to avoid the loneliness or episodic depression that many retirees suffer from. Too much leisure time is often an expressway to boredom, frustration and unhappiness. The author tells you how to avoid this unhappiness through a few steps that anyone can take.

## What Reviewers Said About the 1st Edition

“...thought-provoking tips.”

“...reveals the ways we can all find meaning and joy in our golden years. This unique use of memoir makes the book a much more interesting read than the common guide.”

“...so much helpful information on having a fulfilling life after finishing work.”

“... amazing the insights in the book....”

“One of the best books on this evolving and elusive destination! You will enjoy Boyd's engaging style, and learn from his experiences.”

“I loved this book. Mr. Lemon is a wonderful author and shares his experiences in a very thoughtful and thorough way. I hope he follows this work up with another book detailing additional retirement and life experiences. BTW - My father loved the book too!”

“Lemon gives very practical advice to his readers on many subjects.”

“I found every page to be filled with inspiration and guidance.”

“I found Boyd's book both thought provoking and freeing.”

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### **From reader reviews:**

#### **Alice Bowers:**

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#### **Thelma Burke:**

This Retirement: A Memoir and Guide: Second Edition are reliable for you who want to become a successful person, why. The main reason of this Retirement: A Memoir and Guide: Second Edition can be among the great books you must have is usually giving you more than just simple reading food but feed a person with information that might be will shock your before knowledge. This book is actually handy, you can bring it almost everywhere and whenever your conditions at e-book and printed ones. Beside that this Retirement: A Memoir and Guide: Second Edition forcing you to have an enormous of experience such as rich vocabulary, giving you tryout of critical thinking that we all know it useful in your day exercise. So , let's have it and enjoy reading.

#### **David Hoag:**

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their down time with their family, or their own friends. Usually they performing activity like watching television, about to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Could be reading a book can be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to try out look for book, may be the e-book untitled Retirement: A Memoir and Guide: Second Edition can be fine book to read. May be it could be best activity to you.

#### **Glenda Rogers:**

Reading a book to be new life style in this year; every people loves to go through a book. When you study a book you can get a wide range of benefit. When you read books, you can improve your knowledge, since book has a lot of information on it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your review, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, such us novel, comics, along with soon. The Retirement: A Memoir and Guide: Second Edition will give you new experience in reading through a book.

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