



# **A Guide to the Spiritual Dimension of Care for People with Alzheimer's Disease and Related Dementia: More than Body, Brain and Breath**

*Eileen Shamy*

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"This is a book for those actively engaged in or interested in spiritual ministry to persons with dementia. Shamy draws heavily upon her experience, making this book very personal in its approach. I appreciated this style, feeling that the anecdotes anchor the book in the realm of what can be done rather than the theoretical world of the "maybes". The main concepts of the book, those of spirituality, retained through dementia, and personal worth should be acceptable to people of most world faiths.' - Leveson Newsletter 'This is an important book that has much to offer at a variety of different levels. It ranges from deep philosophical thinking to practical recommendations...a book that should be bought, digested and used frequently.' - Christian Council on Ageing 'Contains valuable material. The passages that attempt a definition of spirituality, and the stories about persons with dementia and how they have been helped to greater well-being, are relevant and excellently done. The spirit of Eileen Shamy shines out from these pages and carries its own message of passionate concern. One of the book's greatest strengths is its stories, which are unfailingly well-told and apposite.' - Ageing and Society Drawing on her years of experience as a clergywoman working with older people in care settings, Eileen Shamy discusses how pastoral work can help to develop holistic care for those suffering from dementia and related conditions - care which involves understanding of their spiritual as well as physical needs. This sensitive and informative book provides guidelines for pastoral visits to people with dementia, showing how to empathise with, understand and support individuals during a visit. Emphasising the importance of retaining dignity and freedom of choice for people with dementia, it also presents practical advice about memory cueing and provides frameworks for leading worship for those with dementia. A useful resource for a variety of people involved in pastoral care with older people, whether professionals or volunteers, this book provides inspiration from a respected author in the field of psychogeriatric care.

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