



Successful Aging and Adaptation with Chronic Diseases (Springer Series on Lifestyles and Issues in Aging)

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For many people growing old means facing one or more chronic diseases. *Successful Aging and Adaptation with Chronic Diseases* reviews, coalesces, and expands what we know about how older adults successfully experience the aging process and how they feel about and live with chronic illnesses.

Questions considered include: How do older adults approach and deal with everyday-life when affected by multiple health problems? What kind of impact do they feel diseases have on their successful aging? How do existent models and theories of coping address these issues?

Presenting research funded by the AARP Andrus Foundation, this book brings together contributions by originators in the field, including Robert Kahn and Ann Whall. This volume is sure to be a seminal reference point for future research.

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