



Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer)

Stan Cox

Download now

[Click here](#) if your download doesn't start automatically

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer)

Stan Cox

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) Stan Cox

Losing our Cool shows how indoor climate control is colliding with an out-of-control outdoor climate. In America, energy consumed by home air-conditioning, and the resulting greenhouse emissions, have doubled in just over a decade, and energy to cool retail stores has risen by two-thirds. Now the entire affluent world is adopting the technology. As the biggest economic crisis in eighty years rolls across the globe, financial concerns threaten to shove ecological crises into the background. Reporting from some of the world's hot zones—from Phoenix, Arizona, and Naples, Florida, to southern India—Cox documents the surprising ways in which air-conditioning changes human experience: giving a boost to the global warming that it is designed to help us endure, providing a potent commercial stimulant, making possible an impossible commuter economy, and altering migration patterns (air-conditioning has helped alter the political hue of the United States by enabling a population boom in the red-state Sun Belt).

While the book proves that the planet's atmosphere cannot sustain even our current use of air-conditioning, it also makes a much more positive argument that loosening our attachment to refrigerated air could bring benefits to humans and the planet that go well beyond averting a climate crisis. Though it saves lives in heat waves, air-conditioning may also be altering our bodies' sensitivity to heat; our rates of infection, allergy, asthma, and obesity; and even our sex drive. Air-conditioning has eroded social bonds and thwarted childhood adventure; it has transformed the ways we eat, sleep, travel, work, buy, relax, vote, and make both love and war. The final chapter surveys the many alternatives to conventional central air-conditioning. By reintroducing some traditional cooling methods, putting newly emerging technologies into practice, and getting beyond industrial definitions of comfort, we can make ourselves comfortable and keep the planet comfortable, too.

 [Download Losing Our Cool: Uncomfortable Truths About Our Ai ...pdf](#)

 [Read Online Losing Our Cool: Uncomfortable Truths About Our ...pdf](#)

Download and Read Free Online Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) Stan Cox

From reader reviews:

Howard Depriest:

Book is usually written, printed, or highlighted for everything. You can know everything you want by a e-book. Book has a different type. As you may know that book is important matter to bring us around the world. Next to that you can your reading expertise was fluently. A book Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) will make you to always be smarter. You can feel much more confidence if you can know about almost everything. But some of you think this open or reading a book make you bored. It is not make you fun. Why they can be thought like that? Have you seeking best book or ideal book with you?

Catrina Hall:

Do you considered one of people who can't read pleasant if the sentence chained within the straightway, hold on guys this particular aren't like that. This Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) book is readable by means of you who hate the perfect word style. You will find the facts here are arrange for enjoyable reading experience without leaving possibly decrease the knowledge that want to supply to you. The writer regarding Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) content conveys objective easily to understand by many individuals. The printed and e-book are not different in the content material but it just different available as it. So , do you continue to thinking Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) is not loveable to be your top record reading book?

Erin Harmon:

Hey guys, do you wishes to finds a new book to see? May be the book with the concept Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) suitable to you? The actual book was written by well-known writer in this era. The particular book untitled Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer)is a single of several books in which everyone read now. This particular book was inspired a lot of people in the world. When you read this e-book you will enter the new dimension that you ever know previous to. The author explained their strategy in the simple way, therefore all of people can easily to understand the core of this reserve. This book will give you a lot of information about this world now. To help you to see the represented of the world in this book.

Lisa Westra:

Reading a publication tends to be new life style in this particular era globalization. With reading you can get a lot of information that may give you benefit in your life. With book everyone in this world can certainly share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their particular reader

with their story or perhaps their experience. Not only the storyline that share in the guides. But also they write about the knowledge about something that you need example. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors nowadays always try to improve their expertise in writing, they also doing some exploration before they write with their book. One of them is this Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer).

Download and Read Online Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) Stan Cox #DPB35G1F9CQ

Read Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox for online ebook

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox books to read online.

Online Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox ebook PDF download

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox Doc

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox Mobipocket

Losing Our Cool: Uncomfortable Truths About Our Air-Conditioned World (and Finding New Ways to Get Through the Summer) by Stan Cox EPub