



Traditional Chinese Medicine Cupping Therapy, 3e

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This new edition continues to offer readers a comprehensive exploration and description of techniques of cupping in the context of Traditional Chinese Medicine theory. Extensively updated throughout, and with a new website containing videos and a downloadable image bank, this volume will be ideal for students and practitioners of Traditional Chinese Medicine, and all other complementary health practitioners looking to expand their skill base.

- Explains cupping therapy clearly, allowing the practitioner immediate access to a set of skills for everyday application
- Well illustrated to support the guidelines discussed in the text
- Includes website containing video clips showing 11 methods of cupping therapy plus picture gallery of more than 150 colour photographs
- Gives practical guidelines on the use of cupping in helping to treat more than 30 common conditions
- Looks closely at issues of safety, expectation and theoretical principles of action

- Text clarified and updated throughout, with an expanded artwork program and improved layout and design
- New chapters by specialist contributors cover Cupping's Folk Heritage, Buddhist Medicine, and Thai Lanna Medicine
- New chapter on Cosmetic Cupping Techniques
- New section addressing Frequently Asked Questions
- An expanded discussion about the benefits of cupping therapy, including the treatment of new pathological conditions including myofascial pain
- Includes new evidence-based research on the effects of cupping therapy, including a systematic review

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