



Freezer Meals for Slow Cooker: Easy and Delicious Dump Dinner Recipes and Make Ahead Meals for Busy People (Slow Cooker & Freezer Meals)

Tina Berry

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Are you very busy and just don't have a lot of time to prepare dinner? Have you ever wanted to come home to a finished, delicious meal? Regular crockpot cooking requires preparation of ingredients before starting the crockpot. Sometimes, you just don't have time in the morning to assemble, chop and prep ingredients! Now you can do all of your food preparation on one day and freeze the slow cooker ingredients. When you want to cook a particular meal, defrost the freezer bag overnight in your refrigerator and the next morning just dump the ingredients in the slow cooker, choose the temperature and set the time! When you return home, you will have a delicious meal ready for your family!

Written in easy-to-understand language, this book will explain how you can prepare easy, simple frozen meals for your slow cooker.

Inside you will learn

- How you can make delicious frozen beef, pork or chicken meals ahead of time for your crockpot.
- Easy-to-follow recipes for frozen stews, soups, casseroles and roasts that are easy to make in your crockpot.
- Tips and Tricks for successfully preparing make-ahead frozen crockpot meals.

You can do it!

Learn the tips and strategies for turning a few ingredients into a flavorful meal in the crockpot! Follow the simple and quick recipes for creating a variety of delicious frozen meals ahead of time. These dinners will be so good your family and friends will think you spent all day cooking!

Download now! Start using these easy, quick recipes to create delicious meals with very little preparation time on your part!

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Christine Frazier:

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