



# Orgasm Loop: The No-Fail Technique for Reaching Orgasm During Sex

*Susan Crain Bakos*

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**The revolutionary method women can use to reach orgasm anytime, anyhow and anywhere**

*The Orgasm Loop* is a revolutionary mind/body technique for reaching orgasm anytime, anyhow, and anywhere. Based on techniques developed from cognitive feedback studies at Tulane University, *The Orgasm Loop* shows women how to remove mental roadblocks that dampen arousal and short-circuit orgasm. Women learn how to tap their unique arousal patterns and achieve orgasm easily and consistently, as they follow simple, step-by-step instructions for working the O Loop into their sexual routine.

In addition, women who have difficulty achieving orgasm learn to teach their partner techniques, such as rhythmic breathing and different positions, for bringing them to orgasm-and they'll be able to adjust their unique orgasm pattern to coordinate with their partner. Other chapters will detail how to incorporate Orgasm Loop techniques into any sexual position and scenario including quickies, intercourse, and oral sex. Women learn how to beat fluctuating sexual response patterns brought on by physical and emotional shifts, sustain the Orgasm Loop, and achieve multiple orgasms-even if they've never had one before.

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