



Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook

Lisa Lillien

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Go to the max with the most massive and complete Hungry Girl cookbook ever---650 recipes from the guru of guilt-free eating!

Consider this your **HUNGRY GIRL BIBLE**. In *Hungry Girl to the Max!*, Lisa Lillien has created a book that is a must-have for anyone who craves insanely delicious food without the high-calorie price tag! HG classics like **large-and-in-charge egg mugs, oversized oatmeal bowls, crock-pot recipes, comfort foods, foil-pack dishes, and fast-food swaps** are all here. You'll also find **single-serving recipes, dishes with five ingredients or less, meatless meals**, and more. Including:

- *Chili Cheese Egg Mug (195 calories)
- *Cinna-Raisin Oatmeal (301 calories)
- *Over the Rainbow Pancakes (267 calories)
- *Onion Rings Parm (176 calories)
- *Garlic-Bread White Pizza (289 calories)
- *Southwestern Meatloaf (232 calories)
- *Cheesed-Up Taco Turkey Burgers (219 calories)
- *Veggie-Loaded Cashew Chicken (318 calories)
- *Goopy-Good Fuji Apple Pie (159 calories)
- *Chocolate PB Pretzel Cupcakes (135 calories)

. . . and SO much more!

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From reader reviews:

Jamie Brewer:

Exactly why? Because this Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook is an unordinary book that the inside of the publication waiting for you to snap this but latter it will jolt you with the secret that inside. Reading this book adjacent to it was fantastic author who write the book in such awesome way makes the content on the inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of advantages than the other book get such as help improving your proficiency and your critical thinking approach. So , still want to hold up having that book? If I were you I will go to the publication store hurriedly.

Ginger Amundson:

Playing with family inside a park, coming to see the coastal world or hanging out with buddies is thing that usually you could have done when you have spare time, subsequently why you don't try issue that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook, you may enjoy both. It is fine combination right, you still wish to miss it? What kind of hang type is it? Oh seriously its mind hangout men. What? Still don't get it, oh come on its named reading friends.

Tyler Woodley:

In this period globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of personal references to get information example: internet, newspapers, book, and soon. You can see that now, a lot of publisher in which print many kinds of book. The actual book that recommended for your requirements is Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook this guide consist a lot of the information of the condition of this world now. This specific book was represented how can the world has grown up. The terminology styles that writer value to explain it is easy to understand. The writer made some analysis when he makes this book. Honestly, that is why this book appropriate all of you.

Chris Wolf:

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