



# **Another Top 30 Amazingly Delicious Vegan Soup Recipes For Busy Women (Vegan Weight Loss Book 2)**

*Sarah Jessica Cook*

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## **Discover How To Make Amazingly Delicious Low-Fat Soups For Healthy Eating And Weight Loss Using Only *Easy-To-Find* Ingredients From Your Local Supermarket...**

This Vegan cookbook designed specially for busy women who want to make easy-to-prepare, low fat, healthy, and more importantly delicious soups. Best-selling author Sarah Jessica Cook have done it again! Meet all-new collection of TOP 30 Easy Vegan Soup Recipes for Busy Women (VOLUME 2)... Too bad many soup recipes rely on less-than-healthy ingredients. And most of them deliver mediocre results you'd rather forget about them than use again.

## **Are You Trying To Lose Weight? Then...**

This low-fat Vegan soup recipes cookbook makes it easy to cook healthy, delicious and easy-to-prepare meals without spending hours in the kitchen. Consider this:

## **"TOP 30 Easy Vegan Soup Recipes For Busy Women" Is Your Quick-Start Guide To Preparing Easy, Delicious, And Healthy Recipes:**

Create classics such as *Noodle Soup* and new taste sensations like *Fuzzy Quinoa And Sweet Potato Soup* and *Rusty Tomato And Lentil Soup*.

## **Living The Vegan Lifestyle Just Got Easier**

Now with "TOP 30 Easy Vegan Soup Recipes For Busy Women" you can enjoy all the health benefits of the Vegan diet "the delicious way!"

The Vegan diet consists of all-natural, mostly plant-based foods. According to many studies it's the way humans were meant to eat. This Vegan cookbook is a perfect pairing for modern, busy women who want to live healthy lifestyle...

## Just Look At The Variety Of Soup Recipes You'll Enjoy When You Get This Vegan Cookbook:

1. Noodle Soup
2. Carrot And Lentil Soup
3. Tomato Base Soup
4. Potato Spirit Soup
5. Rusty Tomato And Lentil Soup
6. Best Low Calorie Soup
7. Summertime Cauliflower Soup
8. Spinach And Zucchini Combo Soup
9. Tomato Cheese Soup
10. White Bean, Carrot And Herb Soup
11. Three Layer Lentil Soup
12. Rocking Cabbage Soup
13. Split Pea And Potato Soup
14. Bronze Split Pea Soup
15. Plenty Bean Soup
16. Vegetable Broth Delight
17. Frenzy Potato Soup
18. Fuzzy Quinoa And Sweet Potato Soup
19. Carrot And Cashew Ray Soup
20. Low Calorie Summer Squash And Zucchini Soup
21. Summer Easy Tomato Soup
22. Roast Vegetable
23. Mushrooms, Carrots and Cabbage Soup
24. Thai Noodle And Cabbage Soup
25. Curry Pea And Vegetable Soup
26. Triple Cole Slaw Soup
27. Super Healthy Veggie Soup
28. Three Flavor Fat Free Soup
29. Variety Soup
30. Sweet Onion Soup

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